



Sarah Nedergård

SINGER & ACTOR, FIA

AGE: 33

STAGE AGE: 20-35

VOICE: SOPRANO (TO E6), BELT

HIGHT: 160 CM

HAIR: BROWN

EYES: GREEN

CONTACT



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ABOUT ME

Finnish-Swedish singer and actress (FIA) originally from and currently living in Vaasa, Finland. Over the last ten years she has done principal roles in musicals and plays in Swedish and Finnish all over Finland. Sarah has been a freelancing singer since 2008 and has released original songs in both English and Swedish.

COMPETENCES

Acting through song, high soprano - flutevoice, choir singing, Jazz dance, hiphop, kickboxing and stage fight, stage flying, experience with producing concerts and musical theater, piano and ukulele (moderate skills), speech and language pathologist specialized in voice ergonomics and voice work

LANGUAGES

Swedish - Native
Finnish - Excellent
English - Excellent

REFERENCES

Available upon request.

EDUCATION

Vasa Övningsskolas gymnasium, musiklinje
2005-2008

Musikalakademin Umeå
Musical theater diploma
2008-2010

International Musical Theater Education
Novia/Turun Ammattikorkeakoulu
2011-2013

Åbo Akademi
Fil. mag Speech and Language Pathology
2011-2017

RECENT WORK EXPERIENCE

Tampereen Työväen Teatteri 2024-2025
School of Rock Ensemble swing *Samuel Harjanne*

Wasa Teater 2023-2024
Vänd om min längtan *Maria Erik-Andrè Hvidsten*

Vaasan Kaupunginteatteri 2022-2023
West Side Story *Maria Seppo Välinen/Reija Wäre*
Puhtaana Käteen *Riku Innamaa*
Seitsemän koiraveljestä *Aleksis Meaney*

Vaasan Kaupunginteatteri 2020-2021
Sound of Music *Maria Seppo Välinen*
Suomen Hevonen *Taava Hakala*

Helsingin Kaupunginteatteri 2019-2020
Pieni Merenneito Ariel understudy *Samuel Harjanne/Gunilla Olsson-Karlsson*

Åbo Svenska Teater 2017-2018
Piaf - Jag ångrar ingenting Piaf understudy *Jukka Aaltonen*

Det perfekta livet 2018-2022
Jennie, *Jukka Nylund*, touring project

Tampereen Teatteri 2013- 2014/2015-2016
Les Misérables Cosette *Georg Malvius*
Piukat Paikat Sugar understudy *Georg Malvius*

Åbo Svenska Teater 2012-2013
HAIR Sheila *Georg Malvius*