



# Sarah Nedergård

SINGER & ACTOR, FIA

**AGE:** 33

**STAGE AGE:** 20-35


**VOICE:** SOPRANO (TO E3), BELT

**HIGHT:** 160 CM


**HAIR:** BROWN

**EYES:** GREEN

## CONTACT

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 sarah\_nedergard@hotmail.com

 www.sarahnedergard.com

## ABOUT ME

Finnish-Swedish singer and actress (FIA) originally from and currently living in Vaasa, Finland. Over the last ten years she has done principal roles in musicals and plays in Swedish and Finnish all over Finland. Sarah has been a freelancing singer since 2008 and has released original songs in both English and Swedish.

## COMPETENCES

Acting through song, High soprano - flutevoice, choir singing, Jazz dance, Hiphop, Kickboxing and stage fight, Stage flying, Experience with producing concerts and musical theater, Piano and ukulele (moderate skills), Speech and language pathologist specialized in voice ergonomics and voice work

## LANGUAGES

Swedish - Native  
Finnish - Excellent  
English - Excellent

## REFERENCES

Available upon request.

## EDUCATION

**Vasa Övningskolas gymnasium, musiklinje**  
2005-2008

**Musikalakademin Umeå**  
Musical theater diploma  
2008-2010

**International Musical Theater Education**  
Novia/Turun Ammattikorkeakoulu  
2011-2013

**Åbo Akademi**  
Fil. mag Speech and Language Pathology  
2011-2017

## RECENT WORK EXPERIENCE

**Wasa Teater 2023-2024**  
Vänd om min längtan *Maria Erik-Andrè Hvidsten*

**Vaasan Kaupunginteatteri 2022-2023**  
West Side Story *Maria Seppo Välinen/Reija Wäre*  
Puhtaana *Käteén Riku Innamaa*  
Seitsemän koiraveljestä *Aleksis Meaney*

**Vaasan Kaupunginteatteri 2020-2021**  
Sound of Music *Maria Seppo Välinen*  
Suomen Hevonen *Taava Hakala*

**Helsingin Kaupunginteatteri 2019-2020**  
Pieni Merenneito *Ariel understudy Samuel Harjanne/Gunilla Olsson-Karlsson*

**Åbo Svenska Teater 2017-2018**  
Piaf - Jag ångrar ingenting *Piaf understudy Jukka Aaltonen*

**Det perfekta livet 2018-2022**  
*Jennie, Jukka Nylund*, touring project

**Tampereen Teatteri 2013- 2014/2015-2016**  
Les Miserables *Cosette Georg Malvius*  
Piukat Paikat *Sugar understudy Georg Malvius*

**Åbo Svenska Teater 2012-2013**  
HAIR *Sheila Georg Malvius*